Principles of Trauma Informed Services

**Principle 1** Trauma-Informed Services Recognize the Impact of Violence and Victimization on Development and Coping Strategies

**Principle 2** Trauma-Informed Services Identify Recovery From Trauma as a Primary Goal

**Principle 3** Trauma-Informed Services Employ an Empowerment Model

**Principle 4** Trauma-Informed Services Strive to Maximize a Survivor’s Choices and Control Over His or Her Recovery

**Principle 5** Trauma-Informed Services Are Based in a Relational Collaboration

**Principle 6** Trauma-Informed Services Create an Atmosphere That Is Respectful of Survivors’ Need for Safety, Respect, and Acceptance

**Principle 7** Trauma-Informed Services Emphasize Survivor’s Strengths, Highlighting Adaptations Over Symptoms and Resilience Over Pathology

**Principle 8** The Goal of Trauma-Informed Services Is to Minimize the Possibilities of Retraumatization

**Principle 9** Trauma-Informed Services Strive to Be Culturally Competent and to Understand Each Person in the Context of His or Her Life Experiences and Cultural Background

**Principle 10** Trauma-Informed Agencies Solicit Consumer Input and Involve Consumers in Designing and Evaluating Services