What is Assistive Technology (AT)?
AT is any item, equipment, or software program used to improve the capabilities of persons with disabilities. These devices can help an individual with daily living activities, work, or go to school.

Types of AT may Include:
Below are some of the different types of AT:

- **Computer Assistive Technology**- Adaptive keyboards, adaptive mice, typing software, magnification software, talk-to-text software, screen reading software, etc.
- **Speech Communication Device**- Single and multiple message communicators, picture communicators, type-to-talk devices such as a speech generating keyboard, voice synthesizers, amplifiers, etc.
- **Daily Living Devices**- Lamps and adjustable lighting, large print items, writing aids, book stands, feeding and eating devices such as adaptive utensils that help individuals with Parkinson’s disease steady their hand to eat, dressing devices such as those to assist with buttons, with bathing such as safety bars, etc.
- **Hearing Devices**- Flashing clocks and lights, conversation amplifiers, signalers and alerts, telephones that display every word the caller says throughout the conversation, etc.
- **Vision Devices**- Blind and braille aids, large display clocks, large print and braille watches, electronic magnifiers, electronic note taker such as a “PAC Mate,” labelers and label readers, etc.
- **Learning Cognition and Development**- Abbreviation expanders, electronic math worksheets, talking calculators, etc.
- **Sensory**- Items to help with sensory processing such as adaptive toys, fidgets, pressure and weighted vests, adaptive seating options, etc.
- **Recreation and Leisure**- Adaptive sports equipment such as adaptive bicycles, handcycles, adaptive wheelchairs, etc.

Determining What AT is Needed:

- **New Mexico Technology Assistance Program (NM TAP)** - NM TAP offers a wide variety of AT for individuals with disabilities, as well as demonstrations of devices.
- **New Mexico Division of Vocational Rehabilitation (DVR)** – NM DVR may be able to provide AT assessments for those who qualify.
- Schools may be able to provide an AT assessment to determine what AT is needed to support educational needs.

Where Can One Get AT?

- **NM TAP** - NM TAP offers short-term 30-day device loans that enable individuals to see if AT devices will work for their needs.
- **Access Loan New Mexico**- This company offers low-interest loans for New Mexico residents who have a disability to purchase an AT device or make home modifications.
- Businesses such as The Hearing and Vision center or Enablemart sell a wide variety of AT devices for individuals with disabilities.
- Insurance companies may cover certain AT devices.