Early Childhood Mental Health (ECMH) Program/Infant Mental Health Team

- ECMH Services are provided by licensed social workers, psychologists, counselors, and advanced psychology trainees with specialized training in infant and early childhood mental health approaches. We offer an extended assessment process to be sure we understand family concerns fully before developing a plan for intervention designed to bring relief to both children and their caregivers/families. Parents, other caregivers and family members are our partners in this process and are always actively involved in all aspects of the assessment and treatment process. Services are primarily home-based, or can take place in our offices.

  - [www.cdd.unm.edu/echfs/ECMHS.html](http://www.cdd.unm.edu/echfs/ECMHS.html) or call 505-272-0243

FOCUS Program (an Early Intervention program)

- The FOCUS Program is an integrated Early Intervention Program and medical home for families with children birth to 3-years-old who are at risk for a developmental delay, or who are diagnosed with a developmental delay or established condition. Our Early Intervention Program provides home based services which include, but are not limited, developmental and resource support. The doctors in the FOCUS medical home provide pediatric care, Medication Assisted Treatment for opiate addiction (prescribing Suboxone), and adult medical care. These medical services are available to caregivers and siblings of a child enrolled in the FOCUS Early Intervention Program. While FOCUS is open to any family, our team's expertise is supporting and treating adults with additions, and working with children who are prenatally exposed to substances.

  - [www.cdd.unm.edu/echfs/Focus.html](http://www.cdd.unm.edu/echfs/Focus.html) or call 505-272-3459

Nurse Family Partnership (a Home Visiting Program)

- Nurse-Family Partnership helps transform the lives of vulnerable first-time moms and their babies. Through ongoing home visits from registered nurses, low-income, first-time moms receive the care and support they need to have a healthy pregnancy, provide responsible and competent care for their children, and become more economically self-sufficient. From pregnancy until the child turns two, Nurse-Family Partnership Nurse Home Visitors form a trusting relationship with the first-time moms, instilling confidence and empowering them to achieve a better life for their children and themselves.

  - [www.nursefamilypartnership.org](http://www.nursefamilypartnership.org) or call 505-272-5828

Parents as Teachers (a Home Visiting program)

- Parents as Teachers is a strong evidence-based home visiting model providing a broad context of parenting education and family support, and building protective factors, especially for those families in vulnerable situations. At its core, Parents as Teachers is relationship-based and parenting-focused. Our approach and curriculum focus on parent-child interaction, development-centered parenting, and family well-being; on strengths, capabilities and skills; and on building protective factors within the family. Parents as Teachers serves a range of families with high needs—not just first time parents, pregnant parents or teen parents—and offers services from prenatal to kindergarten entry.

  - [www.parentsasteachers.org](http://www.parentsasteachers.org) or call 505-925-7899

Questions? Contact the CDD Information Network at
1-800-552-8195
[www.cdd.unm.edu/infonet](http://www.cdd.unm.edu/infonet)