There are many online resources for caregivers, family members, and supporters of brain injury survivors, including the following:

**Brain Injury Association of America**
Website: [www.biausa.org/brain-injury-family-caregivers.htm](http://www.biausa.org/brain-injury-family-caregivers.htm)
Phone: 703-761-0750
Provides information and resources for family and caregivers for brain injury survivors.

**Caregiver Action Network (CAN)**
Website: [www.caregiveraction.org](http://www.caregiveraction.org)
Email: info@caregiveraction.org
Phone: 202-454-3970
Provides education, peer support and resources to family caregivers of individuals who have chronic conditions, disabilities, disease or who are aging and in need of caregiving support.

**Caring.com**
Website: [www.caring.com/support-groups](http://www.caring.com/support-groups)
Phone: 1 - 800-973-1540
Provides a wide range of online support groups for caregivers.

**Facebook: TBI Caregivers & Supporters**
Website: [www.facebook.com/TbiCaregiverSupport](http://www.facebook.com/TbiCaregiverSupport)
Provides information and networking for caregivers and supporters of individuals with traumatic brain injury (TBI).

**Family Caregiver Alliance (FCA)**
Website: [www.caregiver.org](http://www.caregiver.org)
Phone: 1 - 800-445-8106
Provides members with resources, online classes, assistance with resource navigation, and help finding support.

**New Mexico Direct Caregivers Coalition**
Website: [www.nmdcc.org](http://www.nmdcc.org)
Email: info@nmdcc.org
Phone: 505-867-6046
Provides a forum for direct caregivers to define and advocate on topics of interest to them, with the goal of improving the quality of life for caregivers.

**TryMunity**
Website: [www.trymunity.com](http://www.trymunity.com)
Phone: 972-757-9312
Provides an online social community for traumatic brain injury (TBI) survivors and their families, and increases awareness about Traumatic Brain Injury (TBI).


Questions? Call the CDD Information Network at 1-800-552-8195 or 505-272-8549
[www.cdd.unm.edu/infonet](http://www.cdd.unm.edu/infonet)