At-a-Glance Listing of Informational Tip Sheets

Tip Sheets are designed to give basic information about disability related services, programs and resources in New Mexico.

Below is a list of the Tip Sheets that are currently available. They may be downloaded and printed at www.cdd.unm.edu/infonet/tip-sheets.html

* indicates tip sheet is available in Spanish.

Questions? Call us at **505-272-8549** or toll free **1-800-552-8195**.

### Medicaid & Waivers
- Centennial Care – New Mexico Medicaid*
- Developmental Disabilities (DD) Waiver – Allocation of Services
- Developmental Disabilities (DD) Waiver – How to Apply*
- Medically Fragile (MF) Waiver*
- Mi Via Self-Directed Waiver Program*
- State General Funds (SGF) Program

### Social Security
- Medicare Basics
- Social Security – SSDI Compared to SSI
- Social Security Benefits – Expedited Reinstatement (EXR)
- Social Security Benefits – How to Apply for SSDI
- Social Security Benefits – How to Apply for SSI*
- Social Security Offices
- Social Security Plan to Achieve Self-Support (PASS)*
- Social Security Subsidy and Special Conditions

### Transportation
- Transportation – Accessible Options around the State
- Transportation – Accessible Options in Albuquerque
- Transportation – How to Schedule a Sun Van Ride
- Transportation – Sun Van Basics

### Early Childhood
- Child Find – Developmental Screenings for Children Ages 3-4
- Family Infant Toddler (FIT) Program for Children Birth to Age 3*
- Home Visiting for New and Expecting Families*
- Home Visiting Programs for New and Expecting Families

### Disability Resources
- ABLE – Achieving a Better Life Experience Savings Account
- Advocacy in the Legislative Process – How to Be Effective
- Assistive Technology for Lifelong Brain Health
- College Disability Offices
- Division of Vocational Rehabilitation (DVR)*
- Guardianship Alternatives for Adults with Disabilities*
- Guardianship for Adults with Disabilities*
- Hippotherapy & Therapeutic Riding Facilities

Revised: 5/15/17
- Hippotherapy vs Therapeutic Riding
- Microenterprise
- Movie Theatres – Accessible Options in Albuquerque and Surrounding Area
- Native American Disability Resources
- People First – Using Respectful Language
- Service Animals for Persons with Disabilities*
- Special Needs Trusts

**Brain Injury**
- Brain Injury – Guide to Services for Veterans
- Brain Injury – Neuropsychological Evaluations
- Brain Injury – Neuropsychological Evaluations for Children
- Brain Injury – Swallowing Difficulties/Dysphagia
- Brain Injury – Youth Concussion and Sports
- Brain Injury & Dystonia
- Brain Injury & Pseudobulbar Affect (PBA)
- Brain Injury Behavioral Terminology
- Brain Injury Online Support for Families & Caregivers
- Brain Injury Services Fund (BISF)
- Brain Injury Support Groups
- Brain Injury Tips – How to Support a Brain Injury Survivor

**CDD Programs**
- CDD Early Childhood Direct Service Programs
- CDD Evaluation Clinics
- CDD Library*
- CDD Library Catalog*
- Selected CDD Service Programs

**Community Resources**
- Crisis Lines
- Emergency Food, Shelter, Clothing and Dental Care in Albuquerque
- Family-Centered Care – Cultural and Linguistic Competence
- Family-Centered Care Principles
- Free and Low-cost Food Resources in Albuquerque
- Information & Referral Agencies
- Rent and Utility Assistance in Albuquerque
- Transitional Housing Programs in Albuquerque

**Employment:** For more Tip Sheets related to employment for persons with disabilities, visit Partners for Employment at [http://www.cdd.unm.edu/pfe/index.html](http://www.cdd.unm.edu/pfe/index.html)

**Autism:** For more information on Autism visit the CDD Autism portal at [cdd.unm.edu/autism/portal/index.html](http://cdd.unm.edu/autism/portal/index.html)

**Education:** For more information about education, early intervention and the Individuals with Disabilities Education Act (IDEA), visit Parents Reaching Out (PRO) at [parentsreachingout.org/publications-2/](http://parentsreachingout.org/publications-2/)