

**NEW MEXICO  
MI VIA SELF-DIRECTED WAIVER  
TIP SHEET**

080307

**What is Mi Via?**

Mi Via is a state Medicaid Waiver program that helps the elderly and people with disabilities to self-direct their services using available funding. Someone receiving Mi Via services is known as a "Participant." With the assistance of a Consultant, Participants develop their own Service and Support Plan (SSP) to meet their functional, medical, and social needs. Participants decide what services they need and how to spend their Mi Via budget.

**Who is eligible for Mi Via?**

To receive services through Mi Via an individual must be receiving waiver services, or receive a notice of allocation from the Disabled and Elderly (D&E) Waiver, Developmental Disabilities (DD) Waiver, Medically Fragile Waiver, AIDS Waiver, or the Mi Via Brain Injury list. Applicants must meet the Medicaid medical and financial eligibility requirements of program they are applying for.

**To Apply**

Anyone currently receiving services through another waiver can change to Mi Via. They may request a *Waiver Change Form* from their current waiver program. If someone has applied and received a notice of "allocation" from any waiver program, they may choose Mi Via at that time.

Persons on the Mi Via Brain Injury list may also choose Mi Via. An individual who has a brain injury may call the Aging and Disability Resource Center to have their name placed on the Mi Via Brain Injury list. The Mi Via Brain Injury Hotline is also available to assist individuals with brain injuries. All waiver recipients must complete the Medicaid medical and financial eligibility process before receiving services under Mi Via.

**What happens once a person selects Mi Via?**

The Participant is contacted to schedule an enrollment meeting and a planning meeting to begin development of their Service and Support Plan (SSP) and budget. The SSP identifies the Participant's needs and strengths. The budget describes how the Participant wants to spend the available funding. Once developed, the plan and budget are submitted to the state for approval. Once the SSP and budget are approved, the Participant makes arrangements to purchase the goods and services identified on their SSP and budget.

**Remember:**

- Contact Consumer Direct Personal Care (CDPC) to request a Mi Via information packet. For details regarding Mi Via go to: [www.MiViaNM.org](http://www.MiViaNM.org)
- Mi Via Participants will work with a Consultant from CDPC. Participants may request that CDPC train someone they know to be their Consultant.
- Mi Via Participants have a company, Public Partnerships (PPL) to assist them with hiring employees and paying vendors. PPL will process time-sheets and take care of employer-related requirements such as employer taxes. They also pay the people a Participant hires and cut checks to stores where a Participants chooses to purchase goods and services.

**For additional disability related information or resources contact:**



**The Information Center for New Mexicans with Disabilities and BabyNet**  
**1-800-552-8195**

<http://cdd.unm.edu/linc/babynet/index.htm>

**Services and Supports Available in Mi Via:**

**Any service offered through another waiver AND**

**Participant-Delegated Goods and Services:**

- Transportation
- Community Participation
- Household-Related
- Technology for Safety and Independence
- Alternative Medicine and Therapies
- Health-Related Services, Equipment and Supplies
- Resource Facilitation
- Coaching/Education for Parent(s), Spouse

**Mi Via Phone Numbers**

**Consumer Direct Personal Care (CDPC)**

1-866-786-4999

**Aging and Disability Resource Center**

1-800-432-2080

**Mi Via Brain Injury Hotline**

1-888-292-7415

**Lovelace Mi Via**

1-888-684-0455

**Public Partnerships (PPL)**

1-866-393-3752

**Waiver Programs:**

AIDS Waiver 505-476-6928

D&E Waiver 505-476-4760

Medically Fragile Waiver  
505-841-2913

**DD Waiver Regional Offices:**

Alb. Metro 1-800-283-5548

NW Gallup 1-866-862-0448

NE Taos 1-866-315-7123

SE Roswell 1-866-895-9138

SW Las Cruces  
1-866-742-5226