

NEW MEXICO  
MEDICALLY FRAGILE (MF) WAIVER  
TIP SHEET

081007

**What is the Medically Fragile Waiver?**

This waiver program provides services to individuals who have been determined to have both a medically fragile condition and a developmental disability. It provides assistance to individuals who plan to remain living in their home.

**What makes a person eligible?**

To qualify for services, the individual must meet both the *medical and financial* criteria. For medical eligibility, both a *medically fragile* condition and a *developmental disability* must be present. A person who is medically fragile needs ongoing skilled nursing care due to a chronic condition. Someone who is medically fragile might need special equipment to live, such as ventilators or feeding pumps. They might need special treatments such as dialysis or ongoing oxygen in order to maintain their health.

To meet the criteria for a developmental disability, the individual must have Mental Retardation (MR) *or* a related condition (such as cerebral palsy, seizure disorder, autism), *and* a developmental disability. The disability must have occurred before age 22. For additional details on eligibility go to the website: <http://www.health.state.nm.us/ddsd/eligibility/eligibilitypg7.htm>

The person must also meet the income guidelines for financial eligibility. Eligibility is based on the income and resources of the person applying.

**To Apply**

1. Contact the Developmental Disabilities Supports Division (DDSD) Regional Office to complete the *Medical Assistance Division Waiver Services Registration Form* (MAD 325) over the phone. They will take the information and mail the applicant a copy of the form with a date stamped receipt,

**OR**

2. Contact the county Income Support Division (ISD) office to request the MAD 325. Complete and return the form to the ISD office. Ask for a date stamped receipt. To find a local ISD office, go to the website: [www.hsd.state.nm.us/isd/fieldoffices.html](http://www.hsd.state.nm.us/isd/fieldoffices.html) or look in the phone book in the blue State Government listings.

**Remember:**

- Medically Fragile Waiver recipients also receive Medicaid benefits, even if they were not otherwise eligible for Medicaid.
- For more information, contact the Medically Fragile Waiver program, the DDSD Intake and Eligibility Office, or go to: [www.health.state.nm.us/ddsd/servicesoverview/pg04overviewmfw.htm](http://www.health.state.nm.us/ddsd/servicesoverview/pg04overviewmfw.htm)
- Once funding is available and an allocation is offered, recipients can choose the Medically Fragile Waiver or the Mi Via Self-Directed Waiver, which may have more flexible services and supports available.

**For additional disability related information or resources contact:**



**The Information Center for New Mexicans with Disabilities and BabyNet**

**1-800-552-8195**

<http://cdd.unm.edu/linc/babynet/index.htm>

**Current Services Provided:**

- Case Management by Registered Nurses
- Private Duty Nursing (RN, LPN)
- Home Health Aide
- Physical, Speech, and Occupational Therapy
- Psychosocial Counseling for family members
- Nutritional Counseling
- Respite (RN or LPN)

**Medically Fragile Waiver Program**

1-800-283-8415  
(ask for Medically Fragile Waiver Program)

505-841-2913

**DDSD Intake and Eligibility Office**

1-800-283-5548  
(505) 841-5500

**Mi Via Information Packet**

**Consumer Direct Personal Care**

1-866-786-4999