

NEW MEXICO
DISABLED & ELDERLY (D&E) WAIVER
TIP SHEET

080307

What is the Disabled and Elderly (D&E) Waiver?

This program provides assistance to adults or children who require long-term services so they can continue to live with their family, in their own home or in a community residence. This program is an alternative to a nursing facility.

Who is eligible for the D&E Waiver?

Individuals who are elderly, blind or have a disability may be eligible. A person must meet medical and financial institutional Medicaid eligibility requirements. Financial eligibility is based on the income and resources of the applicant.

For medical eligibility, a person is considered disabled if they require assistance with at least two activities of daily living and meet a Nursing Facility level of care due to a medical disability which can be expected to result in death or has lasted or can be expected to last for a continuous period of not less than 12 months.

A person is considered elderly if they are at least 65 years of age. However, a person may still be eligible for services if they qualify as medically disabled but not as elderly. For more information contact the Aging and Disability Resource Center or go to the website: www.nmaging.state.nm.us/DandE_Program.html

To Apply

Contact the Aging and Disability Resource Center to be placed on the Central Registry list to await a funding slot. The three types of registration are: regular, community reintegration and expedited. Ask which type is most appropriate.

What happens when a funding slot becomes available?

The person will receive a *Letter of Interest* packet by mail. This packet will include a *Primary Freedom of Choice* form that must be completed and returned. This form offers the choice of the Home and Community Based Services Waiver, which includes the D&E Waiver and the Mi Via Self-Directed Waiver, or institutional care. This form must be completed and returned for the process to continue.

Next an *Allocation Packet* is sent. This packet includes the *Long Term Care Assessment Abstract* form for medical eligibility, and the *Application/Redetermination of Eligibility for Medicaid Assistance* (blue MAD 381) form for financial eligibility.

Remember:

- The number of funding slots is limited. The wait for services may be a few years. While waiting, there may be other available resources, such as Personal Care Option (PCO) or GAP funds. Contact the Aging and Disability Resource Center to find out what is available or go to: www.nmaging.state.nm.us/Elderly_Disability_Services_Division.html
- Eligibility is determined at the time of allocation and is based upon evaluations, assessments, and documentation submitted. Once allocated, recipients may choose the D&E Waiver or the Mi Via Self-Directed Waiver, which may have more flexible services and supports.

For additional disability related information or resources contact:



The Information Center for New Mexicans with Disabilities and BabyNet
1-800-552-8195

<http://cdd.unm.edu/linc/babynet/index.htm>

Services Provided:

- Case Management
- Adult Day Health
- Assisted Living
- Emergency Response Services
- Environmental Modifications
- Homemaker Services for Adults
- Occupational, Physical and Speech Therapy for Adults
- Private Duty Nursing for Adults
- Respite Services

Aging and Disability Resource Center
1-800-432-2080

Mi Via Information Packet
Consumer Direct Personal Care (CDPC)
1-866-786-4999