

## OnLine SELF Course Registration Form

Name: \_\_\_\_\_

Profession: \_\_\_\_\_ Program: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: (    ) \_\_\_\_\_ Fax: (    ) \_\_\_\_\_

Please Check:

Part 1 \$60     Part 2 \$100     Parts 1 & 2 \$150

Payment Method: (please check your payment type)

Check (Made Payable to CDD-SELF Course)

Tuition Remission (submit original with all required signatures)

Purchase Order (UNM Dept. only with required signatures)

Credit Card:     Visa     Mastercard

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

*Print Name as Appears on Card*

\_\_\_\_\_

Registration Deadlines: **Part 1 — 09/07/2007**  
**Part 2 — 09/28/2007**

Mail or Fax Registration for SELF Online Courses to:

Center for Development and Disability  
Attn: Dawn Giegerich  
2300 Menaul Blvd. NE  
Albuquerque, NM 87107

Phone: 505-272-3459  
Fax: 505-272-0384

Non-Profit Organization  
U.S. Postage Paid  
Albuquerque, NM  
Permit # 39



Early Childhood & Specialized Personnel Development  
Center for Development and Disability  
2300 Menaul Blvd. NE  
Albuquerque, NM 87107

## Online Continuing Education Courses

# SELF-REGULATION

## Part 1

**What is Self-Regulation?:  
Introduction to the SELF Process  
September 10-30, 2007**



## Part 2

**Assessment-Intervention of  
Self-Regulation:  
Application of the SELF Process  
October 1 - November 11, 2007**



Provided by the Early Childhood & Specialized Personnel  
Development Division of the  
UNM Center for Development and Disability



## Online Training Courses

**Part 1:** What is Self-Regulation? Introduction to the SELF Process, September 10-30, 2007

**Part 2:** Assessment-Intervention of Self-Regulation: Application of the SELF Process, October 1- November 11, 2007

**Cost:** Part 1: \$60.00 Part 2: \$100.00  
Parts 1 and 2: \$150.00

**Payment:** Personal Check, Credit Card, UNM Tuition Remission, or UNM Internal PO's for UNM Employees

**Required Technology:** Must have access to high speed internet, DSL, Cable, or T1 along with Adobe Reader

### CEUs/Hours:

Part 1: 4 hours Part 2: 6 hours  
For PT, OT, SLP, and SW. (Certificates for DS) CEUs/Certificates are awarded for completion of discussions, online quizzes, and course evaluation

**Participants:** Providers involved in the assessment and intervention of young children -- educators, developmental specialists, therapists, social workers, healthcare professionals, and caregivers.



## Part 1 Objectives

### Participants Will:

- Learn current theories of self-regulation in young children
- Understand the broader context of self-regulation and its relationship to attention, arousal, sensory processing, coping, temperament, social-emotional skills and behavior.
- Understand functional relationships between developmental concerns and naturally occurring events in a child's daily life.

### Description:

Part 1 provides an overview of the complex nature of self-regulation and the rationale for developing the SELF Assessment-Intervention Process. The seminar reviews current research regarding self-regulation; outlines the four cornerstones underlying the SELF Process; and describes the four regulation domains (neurophysiological, behavioral, social-emotional, communicative, and environmental) that provide the framework for implementing the SELF Process. An overview of the entire process from the family interview to intervention is presented.

## Part 2: Objectives

### Participants Will:

- ◆ Understand the complex nature of self-regulation in young children
- ◆ Learn and practice ethnographic, open-ended interviewing skills and improve observation skills
- ◆ Demonstrate the ability to assess self-regulation and to identify strategies that address self-regulation issues
- ◆ Apply clinical reasoning skills to the assessment-intervention process

### Description:

Part 2 consists of six modules that focus on the application of the SELF Process.

The emphasis of the seminar will be on identifying the underlying factors that impact self-regulation and will include the use of the Observation of Self-Regulation Variables tool. In addition, participants will learn how to use the SELF Strategies Menu to provide information and suggestions to families on changing interaction patterns and styles, and adapting environments to help children better regulate their emotions and behavior. Case studies will be used to practice application of the SELF Assessment-Intervention Process.

### Course Facilitator:

**Holly Harrison, PhD** is a Research Scientist with the Center for Development and Disability and an Assistant Professor in the Department of Pediatrics at the University of New Mexico. She is one of the authors of the SELF Assessment-Intervention Process and the Observation of Self-Regulation Variable (OBSRV) Tool. She has spent the last 18 years developing innovative models, providing training and technical assistance, and working on a system change in the field of early intervention.



For additional information contact:  
Holly Harrison at [hharrison@salud.unm.edu](mailto:hharrison@salud.unm.edu)