

What is EPSDT?

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services are those services available to children under the age of 21 who are covered by New Mexico's Medicaid plan known as Centennial Care. EPSDT services include preventive check-ups, diagnostic tests, therapies, personal care services, and care coordination. EPSDT also includes a range of mental health services. Any child/youth receiving services through a waiver program will also receive EPSDT services.

How does someone access EPSDT Services?

Most Medicaid recipients are required to select a Centennial Care Managed Care Organization (MCO). EPSDT services are provided through the child/youth's Centennial Care MCO. Some EPSDT services must be ordered by a doctor or primary care provider (PCP) and be medically necessary. Prior authorization from the MCO may be required before some services can be provided.

Native Americans using Medicaid have the option of using Exempt/Fee-for-Service or selecting an MCO. For those with special or complex needs that require long-term care services, such as therapies, private duty nursing, personal care services, etc., you will need to select an MCO. Care Coordination is only available through an MCO.

For more information visit:

www.hsd.state.nm.us/LookingForAssistance/Native_Americans.aspx.

Who are Care Coordinators and what do they do?

A Care Coordinator is someone that looks at physical and/or behavioral health needs and works directly with you and your family, to get the services needed through an MCO. A Care Coordinator will contact you by phone or letter to schedule a time to meet with you to talk about your healthcare needs.

What about Personal Care Services?

Personal Care is provided for children through EPSDT, but must be prescribed as medically necessary by a doctor or PCP. Personal care is different than respite. Respite is for the primary purpose of relieving the child's caregiver and therefore not covered by EPSDT.

Personal Care Services are covered by EPSDT because the service is focused on the child's needs and is not intended to relieve the primary caregiver.

To Apply:

Go online to www.yes.state.nm.us or call the Medicaid Expansion Hotline. You may also contact your county Income Support Division (ISD) office.

Remember:

- For children/youth under age 21 who are on Medicaid, all home healthcare services (therapies, private duty nursing, personal care services, etc.) are provided by EPSDT through the MCO's or FFS.

For additional disability related information or resources contact:
Center for Development and Disability Information Network
800-552-8195 or 505-272-8549

Services Available:

- Medical Visits
- Dental & Vision
- Care Coordination
- Behavioral Health
- Community Benefits /Long-Term Care
- Physical, Speech & Occupational therapy

Medicaid Expansion Hotline

(to apply for Medicaid)
855-637-6574

Medicaid Call Center

(for those already on Medicaid)
888-997-2583

Liaison for Native Americans
(505) 827-3122

Managed Care Organizations (MCO):

Presbyterian Health Plan, Inc.

Member Services
888-977-2333
www.phs.org/insurance-plans/centennial-care/Pages/default.aspx

Molina Health Care of NM, Inc.

Customer Service
800-377-9594
www.molinahealthcare.com

Blue Cross Blue Shield of New Mexico

Customer Service
866-689-1523
www.bcbsnm.com/provider/network/medicaid.html

United Health Care Community Plan of NM

Customer Service
877-236-0826
www.uhcommunityplan.com/nm/medicaid/Centennial-Care.html

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