

AUTISM? ANXIETY? AUTISM + ANXIETY?

WE HAVE A GROUP

What:

“***Facing Your Fears*** is a program that uses a cognitive-behavioral group therapy approach for the reduction of anxiety symptoms in children with high-functioning Autism Spectrum Disorders (ASD).”

~ Judy Reaven, Audrey Blakely-Smith, Shana Nichols, Susan Hepburn

Who:

Children ages 8-14 with a formal Autism Spectrum Disorder diagnosis, currently experiencing any anxiety symptoms and their parent(s) .

When:

Wednesdays 4:30-6:00pm every Spring and Fall

*****NEXT GROUP*****

September—December 2019



Where:

UNM Center for Development & Disability
2300 Manual Blvd. NE, Albuquerque

Contact: Dr. Marybeth Graham at 505-272-9337 ~ MGraham2@salud.unm.edu

for more information and to schedule a screening