

NM LEND General Requirements for All Long Term Trainees Fall 2016 / Spring 2017

The following expectations are based upon the premise that each trainee has chosen this program to build leadership skills. Stipends will be awarded based on successful completion of the requirements.

- Attend the 2 day LEND orientation/leadership and teaming introduction at the Center for Development and Disability **August 18, and 19, 2016.**
- Attend Friday seminars 8:30 am – 4:00 pm (*ending times may vary*).
- Attend the Advocacy and Public Policy Workshop *2 days* **November 17 & 18, 2016**
- Attend the Leadership Institute **January 12 & 13, 2017**
- Complete all assignments on time
- Meet with your Core Faculty Member once a month during scheduled Friday sessions or alternate times if you or your faculty mentor is not available
- Provide feedback on all activities and projects by completing evaluation forms and surveys
- Document hours spent on assignments, projects and clinical experiences on the LEND website at least monthly <http://www.cdd.unm.edu/nmlend/>
- Expect to spend an average of 4 hours per week outside the Friday seminars on LEND activities such as family match, assignments and Capstone Project. When possible, assignments/projects may be integrated into graduate program requirements. Long Term Trainees will spend about 300 hours of time over 2 semesters participating in seminars, activities, assignments, and projects.

Assignments

- Being prepared for each seminar: this may be including reading books or journal articles and/or searching for information and resources
- Developing an overall plan for your year in the program
- Complete on–line modules regarding Autism and other topics
- Completing on-line modules such as HIPPA
- Facilitating at least one noon seminar (approximately 1 hour)

- **Clinical:** This is defined with your core faculty and varies greatly dependent upon your discipline. Please note that if you are completing clinical hours or field work in pediatrics for your academic program, these hours DO count for LEND. Trainees complete a guided NICU experience. The home visit with a Medically Fragile Program Nurse Case Manager is optional. There are 3-4 additional clinical experiences that take place during regular LEND seminar times.
- **Family-Professional Collaboration:** Each trainee is paired with a family who has a child with a disability or with a self-advocate. Trainees spend time getting to know this person/family not as a professional but to appreciate the family's or self-advocate's daily life. A reflection paper about your experience will be required at the end of 2nd semester.
- **Leadership and Research:** The *Capstone Project* addresses a practical problem in the world of developmental disabilities on an organizational, program, clinical or policy level. The project is an opportunity for Trainees to demonstrate the knowledge and skills they have learned in the LEND program, in prior or current academic programs of study, in professional or volunteer positions they have held, or in their life experiences as family members of people with disabilities or advocates. While the topic and format are flexible, trainees are expected to demonstrate mastery of three types of skills: problem-framing, investigation and personal leadership and communication. Trainees are encouraged to incorporate work required by their academic programs and/or work they are doing with an organization as a staff member or volunteer into their Capstone project. Additionally, a list of potential projects will be distributed at the start of the semester. This Capstone Project will (a) be defined through a contract clarifying outcomes and timeline of activities, (b) may partner closely with other activities, such as research, community work, family activities, or may link with your work within your own graduate program (does not need to be a stand-alone effort), and (c) will allow you to focus, reflect and report on your professional learning about leadership and research during the year. A formal presentation of your Capstone Project will be done at the end of the Trainees' second semester.
- **Public Policy:** Each trainee participates in the two-day (Thursday/Friday) institute in November. During the legislative session spring semester, trainees visit the "Round House" on a Friday during the regularly scheduled seminar time. For those trainees who have a strong interest in federal policy/legislation, they can apply to attend the Disability Policy Seminar in Washington DC spring 2017.