
Consent to Participate In *I Can Do It, You Can Do It*

Welcome! Thank you for your interest in the *I Can Do It, You Can Do It* Program. The Center for Development and Disability at the University of New Mexico will be evaluating this program to determine how well it works in improving nutritional and physical activity behavior in youth with disabilities.

Youth Participants: If you are a youth with a disability, you will be asked to complete a program registration form and 3 surveys. Each survey is identical and should take about 20 minutes to complete. You will be asked to complete the survey at the beginning of the study, immediately after the program has ended and six months after the program has ended.

Adult Mentors: If you are a mentor, you will fill out the mentor registration form and be assigned a participating youth. You may be asked to complete a survey at the end of the program.

Your involvement in these surveys is voluntary, and you may choose not to participate. The survey includes questions about your physical and emotional health, nutrition, any limiting conditions you have. You can refuse to answer any of the questions at any time. All surveys will be completed online unless you request the materials in alternative format.

By completing and returning the Participant Registration Form (if you are a youth participant) or the Mentor Registration Form (if you are an adult mentor) online, you will be agreeing to participate in the above described study. The registration forms ask for individual and household demographic information to help us match mentors with participants and analyzing the data. Asking about your household income, for example, helps us to learn whether persons in one income group have certain conditions more or less often than those in another group. If you are unsure about the answers to some of the questions, you may ask a parent, guardian, or adult family member to help.

Each survey will be coded with a unique study number. No names or other personal identifiers will appear on the surveys. All completed forms with your name will be kept confidential by your sponsoring agency. Faculty and staff analyzing the data will not have access to your name. All completed surveys will be kept confidential and only project faculty and staff and the University of New Mexico Health Science Center (UNMHSC) Human Research Review Committee will have access to the data. The findings from this project will provide information on designing future health promotion interventions for people with disabilities. If published, results will be presented in summary form only.

If you have any questions about this study, please feel free to call Dr. Anthony Cahill at (505) 272-2990. If you have questions regarding your legal rights as a research subject, you may call the UNMHSC Human Research Review Committee at (505) 272-1129.

Sincerely,

Cate McClain

Dr. Cate McClain, M.D.
Director, Center for Development and Disability

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OFFICIAL USE ONLY

Expires: 12/12/2009

The University of New Mexico Human Research Review Committee